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WEBELOS

READYMAN

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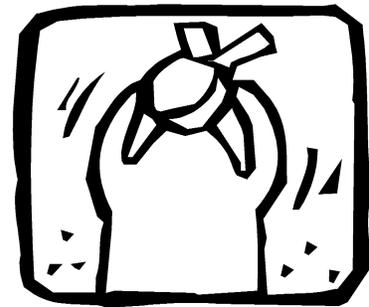


SUGGESTED DEN MEETING ACTIVITIES

- Discuss first aid. Practice the treatment for “hurry cases.”
- Put together a first aid kit for your den.
- Practice mouth to mouth resuscitation on a mannequin.
- Talk about where and how to get help in various emergency situations.
- Consult the Boy Scout Field Book for safe bicycling tips.
- Make floor plans showing a home fire escape route. Discuss home fire escape procedures.
- Make posters showing how and where home accidents are most likely to happen.
- Review bicycle safety rules.
- Plan a bicycle reflector campaign.
- Have a bicycle obstacle course competition.
- Review safe swim defense plan.
- Ask an off duty local rescue squad or ambulance corps to demonstrate some first aid situations and techniques.

PLACES TO GO

- fire station
- Red Cross center
- trauma center



PACK ACTIVITIES

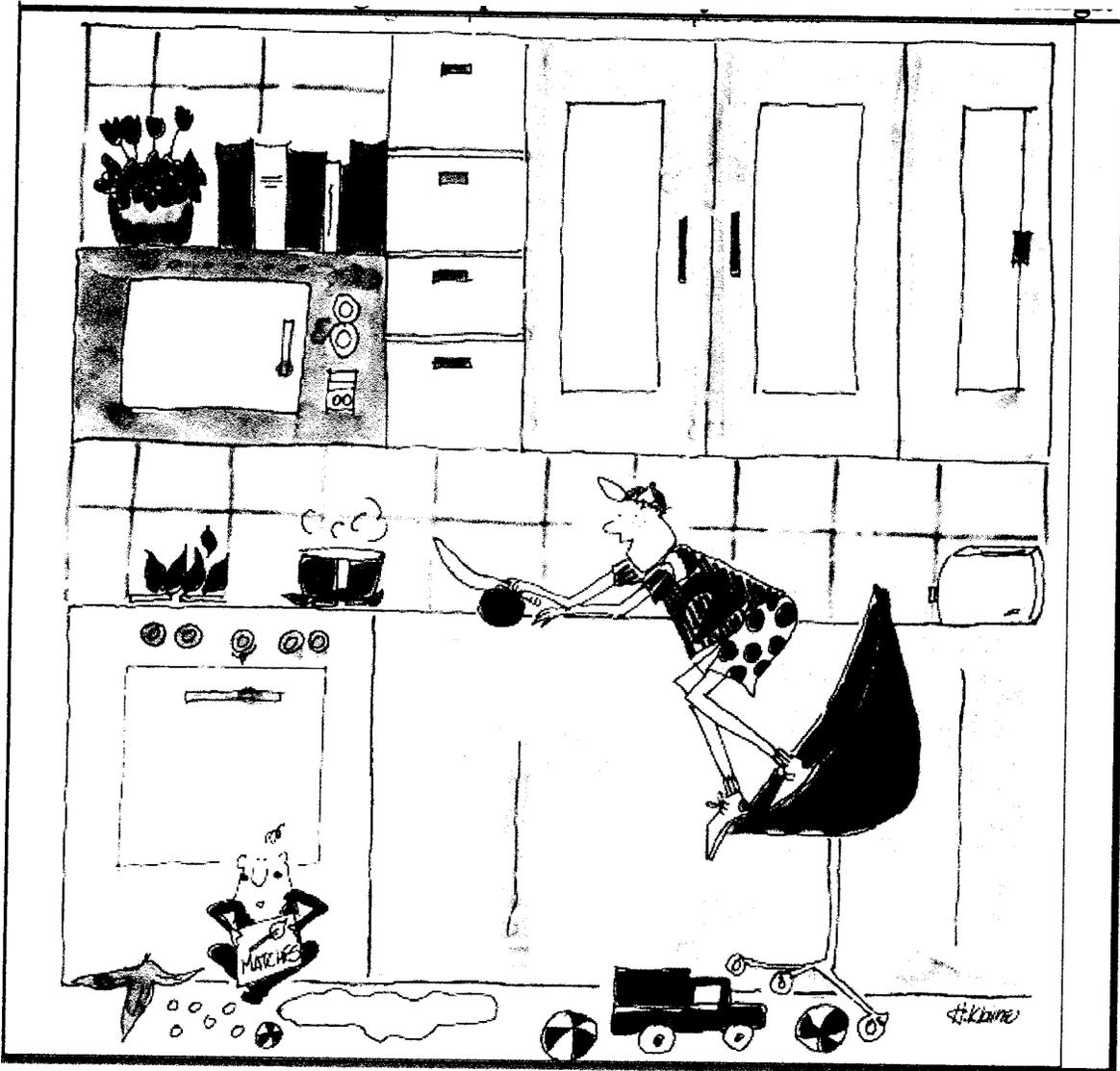
- Stage a bicycle rodeo.
- Stage a fire drill during a pack meeting.
- Invite a local Scout troop to come and do a first aid demonstration.

PACK MEETING DEMONSTRATIONS AND EXHIBITS

- Display floor plans of your home fire escape route.
- Display posters showing how and where accidents commonly occur in the home.
- Demonstrate the proper way to refuel a power mower, with the motor off and cool.
- Dramatize the danger of having medicine bottles without labels in the home.
- Explain the danger of frayed wires on an electrical appliance, emphasizing that major wiring repairs should be done by an expert.
- Demonstrate a telephone conversation asking for emergency help.
- Show and explain how to handle the “hurry cases” of first aid.
- Display first aid kit.
- Recognize any adult pack member who works in emergency services.

SAFETY IN THE KITCHEN

There are 10 safety problems shown in the picture below. See if you can find all 10. For additional safety tips that are geared for a child's understanding, try the Home Alone web site at <http://www.att.com/homealone/la.html>.



ANSWERS: 1. baby playing with matches 2. climbing on a chair 3. spilled water on floor 4. toys on the floor 5. boiling pot on stove 6. outlet on fire 7. baby near a heated stove 8. items on top of a microwave, so ventilation is closed off 9. using a knife in an unsafe way 10. banana peel on floor



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FIREMAN'S DRAG RELAY

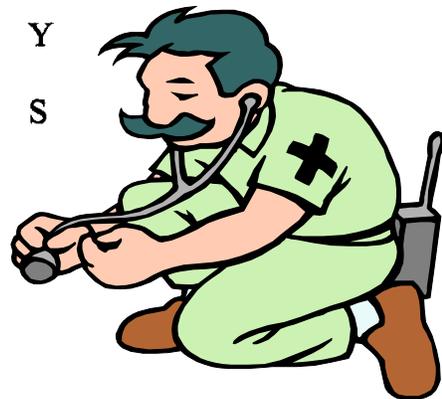
Preparation: neckerchiefs; participants divided into 2 teams

Two teams – half the members of each team are firemen, the other half are victims and are laying on their backs. On signal, the first fireman runs up to his victim, ties his wrists together with a neckerchief, and pulls him back to the starting line with the fireman's drag. He touches off the next fireman, who then rescues his victim. First team to bring in all their victims wins.

READYMAN WORDSEARCH

P	E	B	L	I	S	T	E	R	D	S	M	X
O	S	F	E	V	C	U	T	M	N	P	L	R
I	L	A	E	P	R	E	S	S	U	R	E	A
S	U	I	G	I	A	I	D	M	D	A	R	Y
O	P	N	A	N	T	T	R	N	Y	I	U	M
N	T	T	D	M	C	A	U	S	A	N	T	O
P	N	I	N	S	H	O	C	K	W	T	C	T
L	I	N	A	S	W	A	L	H	R	R	A	P
E	L	G	B	C	B	C	D	P	I	U	R	M
H	P	N	R	U	B	I	T	E	A	H	F	Y
N	S	A	F	E	T	Y	R	U	J	N	I	S

AID	HARM
SCRATCH	AIRWAY
HELP	SHOCK
BANDAGE	HURT
SPLINT	BITE
INJURY	SPRAIN
BLISTER	BURN
PULSE	CUT
SYMPTOM	POISON
PRESSURE	TAPE
PULSE	WOUND
SCAB	XRAY
FAINTING	SAFETY
FRACTURE	





WEBELOS

READYMAN



BICYCLE SAFETY TRUE OR FALSE

- T F 1. Obey all traffic laws, signs, and signals.
- T F 2. Ride single file, close to the right-hand curb. Ride against traffic, not with it.
- T F 3. Ride in a straight line except when you have to weave in and out of traffic.
- T F 4. Look, then signal before turning or stopping. Use arm signals.
- T F 5. After dark, you can only carry two passengers safely.
- T F 6. Give pedestrians and motor vehicles the right of way.
- T F 7. Slow down and look carefully before crossing intersections.
- T F 8. Ride bike as fast as you can across railroad crossings and busy intersections.
- T F 9. Don't hitch onto cars and trucks.
- T F 10. Don't shoot out of blind driveways and alleys.
- T F 11. Be alert for other vehicles, like cars pulling out from curbs and driveways.
- T F 12. Don't try to squeeze in between cars and trucks.
- T F 13. If bike isn't in good mechanical condition, only ride in slow traffic areas.
- T F 14. Be sure your bike has good brakes and a horn or warning bell.
- T F 15. Be courteous. Respect the rights of other cyclists, drivers, pedestrians.

- 1. True.
- 2. False. Ride with traffic, not against it.
- 3. False. Never stunt, race, or weave in and out of traffic.
- 4. True.
- 5. False. Don't ever carry passengers.
- 6. True.
- 7. True.
- 8. False. Walk your bike across railroad crossings and busy intersections.
- 9. True.
- 10. True.
- 11. True.
- 12. True.
- 13. False. Keep bike in good mechanical condition or don't ride it.
- 14. True.
- 15. True.



