## **Kayaking BSA**

## **Application**

Name of Applicant			
Address			
City	State		Zip Code
Council Name		Council Number	
UnitType		Unit Number	
Name of Counselor	Qualification		
Address			
City	State		Zip Code
Signature of counselor signifies that applicant has completed all requirements			Date

## Requirements

- Before fulfilling the following requirements, successfully complete the BSA swimmers test.
- 2. Do the following:
  - Describe various types of kayaks and how they differ in design, materials, and purpose.
  - b. Name the parts of the kayak you are using for this exercise.
  - Demonstrate how to choose an appropriately sized kayak paddle and how to position your hands.
- 3. Do the following:
  - a. Tell what precautions must be taken for a safe trip afloat.
  - b. Demonstrate how to select and properly fit a PFD.
  - Explain the importance of safety equipment such as PFDs, air bags, grab loops, and helmets.
- 4. Demonstrate your ability to aid yourself and others in the event of a capsize:
  - Capsize your kayak in water at least seven feet deep, perform a wet exit if necessary, and swim the boat to shore.
  - b. With assistance, if needed, ready the capsized craft for use.

- Show how to approach a capsized paddler in your kayak and tow him to shore.
- d. While upright in your kayak, right a capsized kayak, empty it of water, and assist the paddler aboard without returning to shore.
- 5. As a solo paddler, demonstrate the following:
  - a. Entering and launching a kayak from shore or dock
  - b. Landing or docking and exiting a kayak
  - c. Forward stroke
  - d. Sweep stroke
  - e. Reverse sweep
  - f. Draw stroke
  - g. Rudder stroke
  - h. Back stroke
- 6. As a solo paddler, do the following:
  - a. Paddle forward in a reasonably straight line.
  - b. Move the kayak sideways to the right and to the left.
  - c. Pivot 360 degrees to the right and left.
  - d. Stop the kayak.